WELCOME TO

HOW TO MAKE 2020 YOUR BEST YEAR EVER— YOUR IDEAL LIFE GOAL SETTING AND VISION CASTING WEBINAR

TONIGHT WE WILL

- "SET THE GPS" FOR 2020
- BREAKDOWN HOW TO MAKE THINGS ACTUALLY WORK
- DEVELOP STRATEGIES YOU CAN USE DAILY TO MAKE YOUR GOALS ACTUALLY HAPPEN EVEN IF YOU HAVE FAILED AT GOALS OR RESOLUTIONS IN THE PAST
- USE STRATEGIES THAT INVOLVE "MANIFESTING" WITHOUT A HINT OF "WOO WOO"



YOU ARE IN THE RIGHT PLACE:

- FEEL LIKE YOU DON'T KNOW WHAT YOUR DREAMS ARE ANYMORE
- FEEL LIKE ALL YOU HAVE ENERGY FOR AT THE END OF THE DAY IS NETFLIX AND WINE IN BED
- FEEL LIKE SINCE BECOMING A MOM YOUR JUGGLE OF ALL THE PRIORITIES YOU JUGGLE IS TOO MUCH
- YOU ARE TIRED OF HAVING GOALS NOT ACCOMPLISHED
- YOU ARE JUST PLAIN 'OL TIRED



LET'S START WITH SOME WINS

LIST YOUR BIGGEST WINS OF 2019







IT'S TIME TO CAST VISION

3 YEARS FROM NOW
WHAT DO YOU WANT

IN 3 YEARS, WHERE DO YOU WANT TO BE IN THE FOLLOWING AREAS:

- FREEDOM, IMPACT, LEGACY
- FAMILY & FRIENDS
- FITNESS & HEALTH
- FINANCES & WEALTH
- FAITH & SPIRITUALITY
- BUSINESS

Friendships

I invest in relationships with friends all over the globe. I am kind to my neighbors and practice radical hospitality. We host people in our home and encourage them to relax and be themselves in our presence.

I enjoy guilt-free the time I spend with friends, and I build friendships with those who accept my authentic self.

Location

Our primary residence is in a small town in southwest Florida, across from a lake and with a view of the church in the center of town. Our home is full of love, joy, and life. It is furnished with a bit of a beach influence and is light and bright. We make regular trips to the ocean.

We travel between our favorite cities, visiting friends and working with churches in Toronto, Ottawa, Vancouver, Montreal, Halifax, Atlanta, Nashville, Dallas, and more. We love spending time on the water.

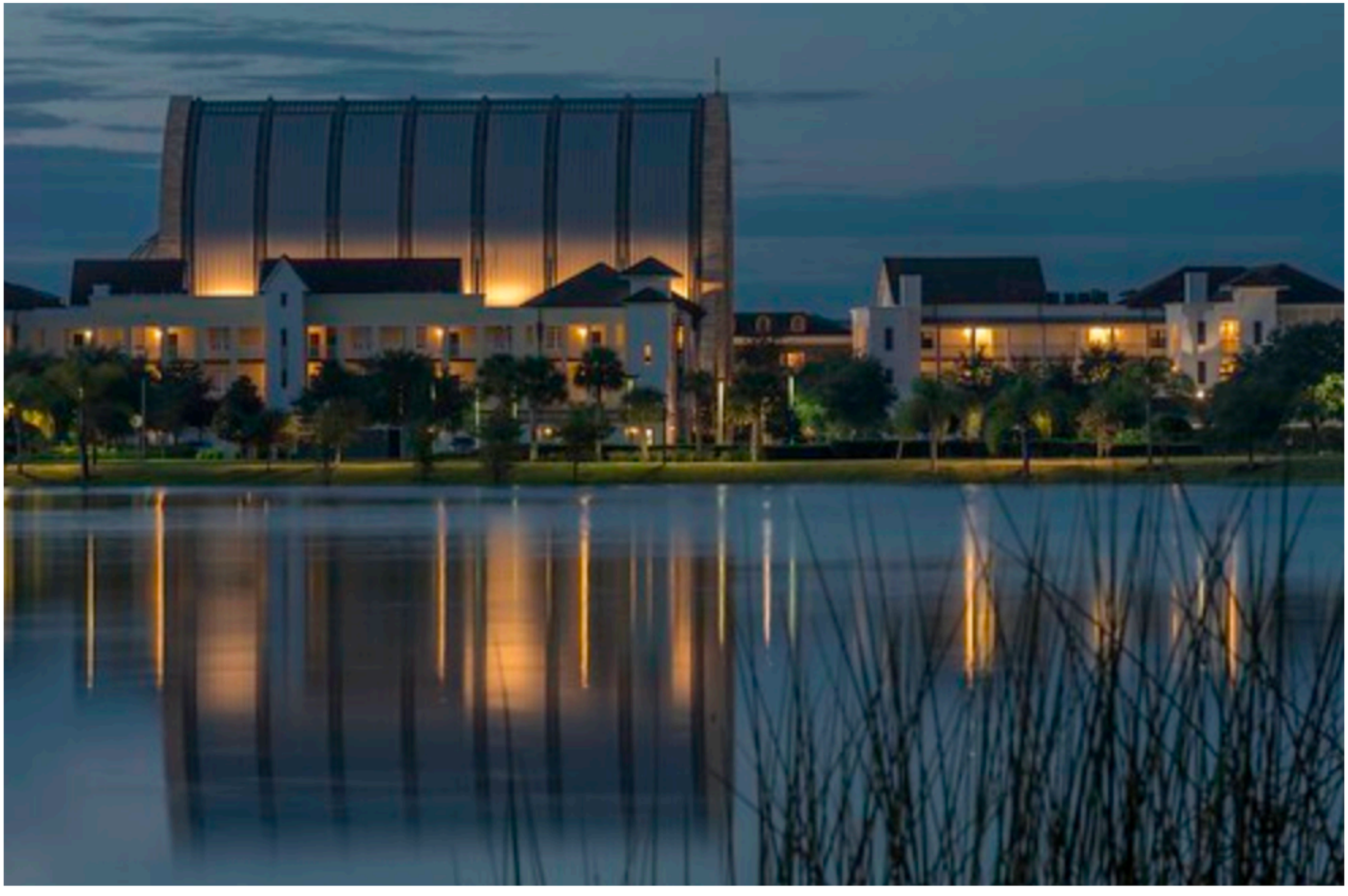
Interview with Rachel Cooper from Rachhloves, YouTube Creator

1. **You have a wildly successful YouTube channel, Rachhloves, that you have grown to over one million subscribers. You also have two small kids at home. What is the secret to your s[illegible]ss? How are you able to produce videos on a con[illegible]asis with little kids at home?**

It's the same "se[illegible]












TOM FORD



LET ME ASK YOU

HOW BIG CAN YOU DREAM?

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- FAMILY & FRIENDS
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TO MAKE THESE GOALS A REALITY

WE NEED TO WORK BACKWARDS

BREAK THESE GOALS

INTO SMALLER STEPS

BUY A HOUSE / MOVE TO FLORIDA:

- GET A US MORTGAGE
- FIND A COMMUNITY / BUILDER I LIKE
- FIGURE OUT A VISA
- INQUIRE ABOUT HEALTHCARE OPTIONS
- FIND A SCHOOL FOR KIDS
- ETC

FIGURE OUT A VISA

- GOOGLE IMMIGRATION LAWYERS OR GET A REFERRAL
- CALL IMMIGRATION LAWYER
- RETAIN LAWYER
- FILL OUT FORMS
- GO TO EMBASSY
- COMPLETE INTERVIEW
- ETC

BREAK ONE GOAL

INTO SMALLER STEPS

HOW DO WE MAKE THIS HAPPEN

WITHOUT A WHIFF OF "WOO WOO"

WE UNDERSTAND

NEUROSCIENCE

HERE IS WHAT THE BRAIN LOVES:

- PATTERN
- STAYING SAFE
- TO BE LAZY

WE CAN REPROGRAM OUR BRAIN

FOR OUR SUCCESS